

they believe, on the basis of Matthew 26:29, that Jesus did not drink it.

Some eat the symbolic foods at one time, others space them out through the meal.

Some take Jesus' example in John 13 and make their Meal the opportunity to wash each others' feet in service.

As God's free people we aren't bound to any set form, but should experiment to find the length and combination that works best for us.

The Passover is a family celebration, with many of the explanations being given so that the story can be passed on to children. Many Christians celebrate it in small groups, such as cell groups, in someone's home. The head of the family traditionally leads the Seder.

- Passover is a celebration, a feast, a banquet!

It contains solemn moments; but its fundamental atmosphere is joy. Make the food special; dress up; prepare children as you would for a party!

- Many Jewish people use special crockery reserved for Passover use only. You might want to use the best cutlery and crockery, too!

Traditionally, Passover is eaten reclining, or sitting on cushioned seats to symbolise the freedom of people rescued from slavery.

- The Jewish Passover is preceded by the removal of all yeast and leavened food from the house, in accordance with God's instructions.

Christians, while not bound to perform this cleaning, might choose to do it - actually or symbolically - as a symbol of their desire to clean the yeast of sin from their lives (I Corinthians 5: 7).

\* The symbolic foods are served on a Seder plate - a round, compartmentalised platter made especially for the occasion. It is appropriate to choose one of your best plates for this purpose

The following are traditional parts of the Passover

1 . The lighting of two candles. 2. The drinking of four cups of wine. 3. The eating of symbolic foods. 4. The retelling of the Passover story. 5. The main meal. 6. The reciting of Psalms of praise.

The two candles represent the light of God's face shining on us.

The four cups of wine (or grape juice) represent Sanctification, Praise, Redemption and Hope. They are drunk at different points in the meal. The third cup, of Redemption is probably the moment at which Jesus and His disciples shared the first Communion.

The symbolic foods are Matzah\* (unleavened bread), hazarer (bitter herbs), karpas (greens), Harosis (a paste made of nuts, raisins, apple, cinnamon and wine) haggigah (roasted egg) and salt water.

Many Jews no longer eat lamb at Passover because the Temple sacrifices are no longer offered, and substitute instead a symbolic shank bone of lamb (zeroah) Christians, however, feel free to eat lamb, symbolic of the Lamb of God who takes away the world's sin (John 1: 36).

The retelling of the Passover story can be done formally, by reading the Exodus account or a prepared version, or informally, in the leader's own words.

The main meal can be a lamb dish usually roasted, with vegetables. Dessert and sweets (cakes etc) have important symbolic value, representing the land of milk and honey to which God took His people!

The Psalms of praise are traditionally chosen from the Hallel psalms (Psalms 113-118) and the Great Hallel (Psalm 136). 'Hallel [' simply means 'praise'.

\* Matzah can be bought in many supermarkets.

# ANGLICAN ZOOM MASS GROUP



## Seder Meal and Eucharist

including Feet Washing Ceremony

## THE FOODS OF PASSOVER

**Matzah** (unleavened bread). Symbolising the affliction of slavery, and the haste with which the Israelites had to leave Egypt.

**Hazare** (bitter herbs - usually horseradish or onion). Symbolising the bitterness of slavery.

**Karpas** (lettuce, parsley, celery or endive). Symbolising the hyssop used by the Hebrews to smear the lamb's blood on their doorposts. Also, a symbol of life

**Salt Water** (or vinegar). Symbolising the tears of the Israelites in making bricks for Pharaoh. It is sweet because even the bitterest labour is sweet when redemption is near.

**Haggigah** (roasted egg). To Jews, this symbolises the ancient Temple sacrifices but many take it also as a symbol of the life God gave the Israelites in setting them free.

**Lamb.** This was sacrificed in the Temple. All the blood was drained out no bones were broken. It was roasted on a cross-like spit of pomegranate branches. The sacrifice was discontinued after the destruction of the Temple but if suitable it is suggested that a whole lamb be roasted and then attached to the spit before being brought into the meal. Alternatively roast legs of lamb could be used as a substitute or as an addition of needed.

**Sweets.** Symbolises the abundant goodness of the Promised Land, to which God's salvation leads us,

**How to roast an egg.** It's simple. All you do is hard-boll it and, with the shell still on, hold it over a flame to brown it. If you've got an electric stove, stick it in the oven for a while.

### How to make Harosis

Half cup ground almonds - half-cup ground walnuts - 1 tablespoon sugar

1 cup grated apple - quarter teaspoon cinnamon - sweet red wine (Israeli CARMEL is best)

Combine all ingredients, except wine, in a bowl, and mix. Add the wine to make into paste.

(You may need to add more of any of the ingredients to adjust to your own taste. Some like to add raisins.)

### WHY IS THIS NIGHT DIFFERENT?

When God rescued the Israelites from slavery in Egypt, He gave them a special ceremony to remember what He'd done - the Passover.

Every Year, near Easter, comes the Passover.

To Jews, it is as important as Easter is to Christians. It commemorates God's rescue of the Israelites from slavery in Egypt.

In a history full of God's great redeeming actions, the Jews consider the Exodus the greatest.

The story is told in the book of Exodus: how the Egyptians ruthlessly oppressed the Israelites. How God raised up Moses to lead His people. How, in the face of Pharaoh's refusal to set the Jews free, God sent nine plagues on the Egyptians. How, in an ultimate act of judgement, God passed through Egypt to kill all the first-born sons of the Egyptians.

But He spared the Israelite first-born by commanding them to smear the blood of lambs on their door posts, so that He would see the blood and "pass over that doorway, and not permit the destroyer to enter" (Exodus 12:23).

The Passover does not celebrate destruction

Rather, God commanded the Israelites to celebrate the Passover Festival every year so that they would remember His amazing mercy to them.

The first Christians were Jewish. During the time of the first 15 bishops of Jerusalem, Christians celebrated the resurrection of Jesus at the time of the Hebrew Pesach (Passover).

It was not until the Council of Nicea in AD 325 that Emperor Constantine banned Christians from joining the two celebrations together.

Although Passover is a festival God commanded Jews to keep, Christians feel free to participate in it because, as non-Jews saved by faith in Jesus, they have become, spiritually Jews.

To use the Apostle Paul's jargon, Gentile Christians have been grafted into Israel', like branches into a tree (Romans 11).

Christians also recognise that the New Testament draws a comparison between Jesus and the Passover

lamb (1 Corinthians 5: 7-8).

And when Jesus met with His disciples for their last meal together, it was a Passover meal (Matthew 26: 17-19). By choosing Passover as the time for His death, Jesus was clearly pointing to its meaning.

Hebrew Christians today have done a lot of work reshaping the Passover ceremony (the Seder) to emphasise this comparison.

Of course, while celebrating the Passover can be profoundly meaningful for Christians, this is only because of its symbolic value. Paul warned non-Jewish Christians against taking on the trappings of Jewish religion as if they could contribute to their salvation. They can't.

But setting aside a special time to celebrate in a symbolic way the redemption that God brought the Jews from Egypt, and the redemption that He brought us from sin and death, can enhance Christians' appreciation of His wonderful actions immeasurable.

DOWN THROUGH THE CENTURIES the Jewish celebration of the Passover has changed and developed. The essential components are found in Exodus 12; but a range of special actions and foods, all with symbolic value, have been added.

Today there are a wide range of Passover customs and patterns.

Christians, too, have adapted the Jewish haggadah (Passover order of prayers) in various ways.

The essential components are the symbolic foods and the narrating of the Passover story.

For Christians, a third essential is explaining the similarities between the Passover and Jesus. Many do this by including a Communion as part of the Feast, remembering the way Jesus began the special Christian meal in the first place.

What we give you here is a description of the various components of the Passover Seder, together with a sample haggadah of moderate length.

The components can be arranged in many different ways. The possibilities are almost endless.

For example, some drink only two cups instead of four, then travel to their church for the third at Communion. They do not drink the fourth because

## HYMN - A New Commandment (AAHB 571)

(As we sing the song we follow the words of the hymn on the screen)

A new commandment I give unto you  
That you love one another as I have loved you,  
That you love one another as I have loved you,  
By this shall people know that you are my disciples,  
If you have love one for another  
By this shall people know that you are my disciples,  
If you have love one for another.  
(Sing Twice)

### Blessing:

Grant, merciful Lord,  
to your faithful people pardon and peace,  
that they may be cleansed from all their sins  
and serve you with a quiet mind  
through Jesus Christ our Lord.  
and the blessing of God almighty, the Father, the Son, and the Holy  
Spirit, be among you and remain with you always. Amen.

**NB: Normally we would experience the stripping of the altar and sanctuary at this point to symbolise the degrading of Jesus as he was stripped naked before being nailed to the cross.** Obviously our Zoom service does not make this possible.

*The service ends here without further discussion.*

*It is important that we remain quiet at the end of the service for a short while to contemplate on what we have experienced tonight.*

## LIGHTING OF THE FESTIVAL CANDLES



**COMMENTATOR** - According to ancient Jewish custom, it is the task of the mother to light the festival candles in every service, which takes place in the Jewish home. Besides the obvious practical purpose, this gesture symbolises the coming of Christ the Messiah; The Light of the World. We are reminded also of the lighted candles upon the altar, the table of the Eucharistic banquet.

### 1. Lighting of the Candles.

**Hostess:** Blessed are you, O Lord our God, King of the universe, who has kept us alive by your Word. May our house be consecrated by the light of your face, shining on us in blessing and peace.

**COMMENTATOR** - Four times during the paschal meal the wine is passed. The act of distributing wine from a common bowl to all present is a sign of unity.

### 2. The Cup of Sanctification (Fill the Cups)

**Host:** The Passover has begun. During our Seder we will drink from our Cups four times. The first is the Cup of Sanctification, by which we commit this time to God and His glory.

**All: Blessed are you, O Lord our God who created the fruit of the vine.**

(All Drink)

### 3. Washing Of Hands

*(This part of the service is substituted for the feet washing ceremony later in the evening)*

### 4. The Passover Story

**Youngest child:** Why is this night of the Passover different from other nights?

**Host:** We celebrate tonight in this special way so that we can remember how God brought His people out of slavery in Egypt. The meal also reminds us how Jesus rescued us from slavery to evil and death.

Here is the story of the Passover. (Host or narrator reads the story from Exodus 12, or tells the story of Exodus 1-12 in their own words.)

## Old Testament Reading

Ex. 12:1 The LORD said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbour in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it. This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the LORD. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the LORD. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt. This day shall be a day of remembrance for you. You shall celebrate it as a festival to the LORD; throughout your generations you shall observe it as a perpetual ordinance.

## 5. The Seder Plate

**Youngest Child/Person:** Then what do these special foods mean?

**Host:** The Matzah is a symbol of God helping His people escape from Egypt. Yeast makes bread rise, but it takes time. Because the Hebrews had to make hasty preparations to leave Egypt, they did not have time to wait.

**All: Blessed are you, O Lord our God King of the universe, who created fruit from the earth.**

*(Matzah is passed around and each person breaks off two pieces)*

**All: What is the meaning of the greens and salt water?**

**Host:** The greens represent life, and the salt water the tears of life. They remind us that the life of the Israelites was dipped in tears in Egypt.

*(All dip greens in salt water and eat.)*

**All: What is the meaning of the bitter herbs?**

**Host:** They symbolise the bitterness of life in Egypt, where the Egyptians used the Israelites ruthlessly as slaves. They also remind us of the deep bitterness of

of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand."

**Priest:** This ceremony tells us of the concern we must each show toward one another; we who have been selfish and unconcerned about our brothers and sisters in Christ, should turn away from this attitude.

We ask their forgiveness.

We see Christ alive in them.

We wish to kneel before them, as Mary Magdalene knelt before Jesus, and wash their feet with our tears of sorrow. They do not turn away from us, or perhaps they might, but they welcome us, accepting our sorrow and forgiving us the wrong we have done them, We celebrate and rejoice for we are all brothers and sisters together.

**ALL: Where there is charity and love, there the God of love abides. God our Father hear our prayer which we ask of you. Make us one in loving you. Draw us all together. By this will all men know that we are your disciples if we have love for one another.**

*The Priest says*

"On this night Christ our Saviour commanded his disciples: 'If I, Your Lord and Master have washed your feet, you also ought to wash one another's feet. I have set you an example: you are to do as I have done for you. A servant is not greater than his master. By this shall all know that you are my disciples .....

*(We watch a video of the feet washing ceremony)*



To the old rugged cross, I will ever be true,  
Its shame and reproach gladly bear;  
Then He'll call me some day to my home far away,  
Where His glory for ever I'll share.

#### CHORUS:

So I'll cherish the old rugged cross,  
Till my trophies at last I lay down;  
I will cling to the old rugged cross,  
And exchange it some day for a crown.

*As we say the litany we are reminded that we should be humbled by the actions of Jesus for us.*

#### LITANY

Let us celebrate Jesus, our life and our hope, present with us all  
**It is good for us to be here together**

Let us celebrate Jesus alive in our hearts  
**It is good for us to be here together**

Let us celebrate the good things in one another, and accept the faults  
**It is good for us to be here together**

Let us celebrate the privilege of being able to share the goodness of God with one another  
**It is good for us to be here together**

Let us celebrate our families, our friends, our whole City  
**It is good for us to be here together**  
Let us celebrate the Spirit of God present in our land  
**It is good for us to be here together**

#### THE FEET WASHING CEREMONY

**Reading** from S. John 13:1-15

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart

a life gripped by sin and death.

*(All eat a small helping of horseradish with Matzah)*

**All: What is the meaning of the sweet Harosis**

**Host:** The Harosis reminds us of the mortar used by the Israelites in their brickwork in Egypt. It is sweet because even the bitterest labour is sweetened by the promise of redemption. So we, too, live under the sweet promise that Jesus is coming again.

*(All eat a small helping of Harosis between pieces of Matzah, symbolising mortar between bricks)*

**All: And what is the meaning of the egg?**

**Host:** The egg is a symbol of life. The eldest sons of the Israelites were glad to be alive. It reminds us that Jesus died so that we who believe in Him can live forever. We dip the egg in salt water to remind us that life was won for us through the tears of death.

*(All dip pieces of egg in salt water and eat.)*

**All: These foods all remind us of the bitterness of slavery from which God rescued His people. In the same way, they remind us of the bitterness of sin and the great slavery from which God has rescued us through Jesus.**

#### 6. The Cup of Praise (Fill the cups)

**Host:** The second cup is the Cup of Praise. In the light of God's mercy towards His people, we are bound to give thanks, to praise and to bless him who brought us out from bondage to freedom, from sorrow to gladness from mourning to Festival-day. So let us say before Him. Hallelujah!

**All: Hallelujah!**

*(All drink)*

#### Psalm 113

Praise the Lord

O sing praises you that are his servants:

O praise the name of the Lord.

Let the name of the Lord be blessed:

from this time forward and for ever.

From the rising of the sun to its going down:  
let the name of the Lord be praised.  
The Lord is exalted over all the nations:  
and his glory is above the heavens.  
Who can be likened to the Lord our God:  
in heaven or upon the earth.  
Who has his dwelling so high:  
yet condescends to look on things beneath  
He raises the lowly from the dust:  
and lifts the poor from out of the dung heap:  
He gives them a place among the princes:  
even among the princes of his people.  
He causes the barren woman to keep house  
and makes her a joyful mother of children  
Praise the Lord.

### 7. The Passover Meal

**Youngest child/Person:** What is the meaning of these foods?

**Host:** The roast lamb reminds us of the lamb whose blood saved the first-born of the Israelite families from death. It also reminds us of Jesus, whose death on the cross saved us from our sins. The sweet things that follow remind us of the land flowing with milk and honey, the Promised Land, where the Israelites were led by God. They also remind us that Jesus has gone to heaven to prepare a place for us where there will be no more tears or suffering and we will be with Him forever.

Let us eat and be joyful!

(The meal is served)

### 8. The Cup of Redemption

*(Fill the cups ready for the Communion or have pre-prepared)*

**Host:** The third cup is the Cup of Redemption. It was probably at this Cup that Jesus said "This cup is the new covenant in my blood, which is shed for you" (Luke 22:20)

**All: We drink it with great thankfulness for the redemption He won for us by His death.**

*(At this point, many Christians use the third Cup and remaining Matzah to celebrate a Communion.)*

**All: Hallelujah! For our Lord God Almighty reigns. Let us rejoice and be glad, and give Him the glory! Blessed are those who are invited to the wedding supper of the Lamb!**

*(All drink the fourth cup.)*

**HYMN - The Old Rugged Cross**

*(As we sing the song we follow the words of the hymn on the screen)*

On a hill far away stood an old rugged cross,  
The emblem of suff'ring and shame;  
And I love that old cross where the dearest and best  
For a world of lost sinners was slain.

**CHORUS:**

So I'll cherish the old rugged cross,  
Till my trophies at last I lay down;  
I will cling to the old rugged, cross,  
And exchange it some day for a crown.

Oh, the old rugged cross, so despised by the world,  
Has a wondrous attraction for me;  
For the dear Lamb of God left His glory above  
To bear it to dark Calvary.

**CHORUS:**

So I'll cherish the old rugged cross,  
Till my trophies at last I lay down;  
I will cling to the old rugged cross,  
And exchange it some day for a crown.

In the old rugged cross, stained with blood so divine,  
A wondrous beauty I see;  
For 'twas on that old cross Jesus suffered and died  
To pardon and sanctify me.

**CHORUS:**

So I'll cherish the old rugged cross,  
Till my trophies at last I lay down;  
I will cling to the old rugged cross,  
And exchange it some day for a crown.

*The participants communicate each other with the words "The Body and Blood of Christ" .*

### **The Lords Prayer -**

As our Saviour has taught us, we are confident to say .....

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

### *Thanksgiving Prayer*

Eternal God, giver of life,  
in the breaking of the bread we know the risen Lord.  
May we who celebrate this holy feast walk in his risen light  
and bring new life to all creation.

*All say together,*

**Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. Amen**

### **9. The Cup of Hope** (Cup of Elijah)

*(Fill the cups)*

**Host:** Jewish people have a special cup on the Passover table, a cup for Elijah. They place it there on the basis of God's promise through His prophet Malachi: "See I will send you the prophet Elijah before the great and dreadful day of the Lord comes." Each year, they hope that this will be the year God sends Elijah with the Messiah, the Son of David. We know, however, that Jesus identified John the Baptist as Elijah, and that his coming marked the arrival of God's Messiah. We now look forward in hope to His coming again, in glory and majesty and power and to being with Him forever at the eternal Feast of the Kingdom of God.

**Sentence of Scripture:** Jesus said, "If I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet" - John 13:14

*Let us pray together)*

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

### **The two Great Commandments:**

Our Lord Jesus Christ said: You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. This is the great and first commandment. And a second is like it: You shall love your neighbour as yourself. On these two commandments hang all the law and the prophets.

**Response: Lord have mercy on us: and write your law in our hearts by your holy spirit**

*(The collect or special prayer for the day)*

Grant Lord, that we who receive the holy sacrament of the body and blood of our Lord Jesus Christ, may be the means by which the work of his incarnation shall go forward; take, consecrate, break and distribute us, to be for others a means of your grace, and vehicles of your eternal love; through Jesus Christ our Lord. **Amen**

### **The New Testament Reading** - 1 Corinthians 11: 23 - 26

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

THE GOSPEL - (This is read later in the service)

### **The Prayers**

*This is a time of quiet reflection.*

### **The Confession**

Let us pause for awhile and remember before God the things we have done wrong, those we have wronged, and the things we have omitted to do

In penitence and faith let us confess our sins to almighty God.

**Merciful God,  
our maker and our judge,  
we have sinned against you in thought, word, and deed,  
and in what we have failed to do;  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen**

*The Priest pronounces the absolution*

Almighty God, who has promised forgiveness to all who turn to him in faith, pardon you and set you free from all your sins, strengthen you to do his will, and keep you in eternal life; through Jesus Christ our Lord. **AMEN**

### **The Thanksgiving**

All glory and honour be yours always and everywhere, mighty Creator, everliving God. We give you thanks and praise for your Son, our Saviour Jesus Christ, who became obedient unto death, even death on a cross. He offered the one true sacrifice for sin, and obtained an eternal deliverance for his people. When his hour had come, in his great love He gave this supper to his disciples, that we might proclaim his death, and feast with him in his kingdom. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for every praising you and saying:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

Merciful Father, we thank you  
for these gifts of your creation, this bread and this wine,  
and we pray that by your Word and Holy Spirit,  
we who eat and drink them

may be partakers of Christ's body and blood.  
On the night he was betrayed Jesus took bread;  
and when he had given thanks  
he broke it, and gave it to his disciples, saying,  
'Take, eat. This is my body which is given for you.  
Do this in remembrance of me.'

After supper, he took the cup,  
and again giving you thanks  
he gave it to his disciples, saying,  
'Drink from this, all of you.  
This is my blood of the new covenant  
shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.'

**Christ has died;  
Christ is risen;  
Christ will come again.**

Therefore we do as our Saviour has commanded: proclaiming his offering of himself made once for all upon the cross,  
his mighty resurrection and glorious ascension;  
and looking for his coming again,  
we celebrate, with this bread and this cup,  
his one perfect and sufficient sacrifice for the sins of the whole world saying

**Blessing and honour and glory and power are yours for ever and ever.  
Amen**

As this broken bread was once many grains, which have been gathered together and made one bread;  
**so may your Church be gathered from the ends of the earth into your kingdom.**

*Celebrant*

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us. Feed on him in our hearts by faith with thanksgiving.